

education & training for New Hampshire women

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NHCSW

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www.state.nh.us/csw

Strengthening the state, empowering New Hampshire women

◆ Why Education?

According to the Workforce Information Council, the fastest growing occupations over the next decade will require an associate degree or higher of education. That means that every dollar a person invests in education is likewise an investment in a lifetime of economic autonomy. In New Hampshire, each additional level of education that a woman attains translates into a 10- to 25- percent increase in earnings.

Yet, potential future earnings don't help with the real and present costs of funding an education. This guide is designed to help women in New Hampshire understand the different sources of financial aid for funding higher education. Whether you're entering college right out of high school or you've taken years off to raise a family, whether you're thinking of a four-year degree or a vocational certificate, this guide is for you.

◆ Types of Education

There are different types of education covered in this guide, and each comes with its own costs. Some forms of education, such as on-the-job training and apprenticeships, are free of charge. Others, like vocational training and apprenticeships, lead to a certificate of completion and can be accomplished with minimal expense. When researching for a school, be sure it is accredited and, therefore, eligible to accept federal funds for financial aid. (A list of these schools in New Hampshire is located at the end of this directory)

In general, the major types of educational institutions can be broken into three categories:

Vocational/Skill Training Schools: Many of these programs are offered free of charge through state and federal agencies, although increasingly more programs are being offered, with tuition fees, by private institutions. Most award a certificate of completion, rather than a degree, which signals a student's readiness for entry-level positions in the workforce. Examples include GED programs, apprenticeships and on-the-job training, computer and LPN certificates, and other specialized programs such as hair design and massage therapy.

Community Technical/Vocational Colleges: These schools offer a range of programs, from vocational certification to associate degrees. Often referred to as "two-year colleges," these schools are a wonderful opportunity for students who are unsure of their desire to complete a four-year degree, who can not afford to attend a four-year institution, or who need extra academic support to fulfill college requirements in basic credit courses in math, science, and English. Courses taken for credit at community colleges can most often be transferred to a four-year institution if a student decides to continue on toward a bachelor degree.

Colleges and Universities: These schools most often have competitive admission requirements, including applications and SAT or other entrance exams. At these schools, the minimal degree awarded is the four-year bachelor degree, while universities also award post-graduate master and doctoral degrees.

The most expensive educational expenses are those associated with colleges and universities. Of these schools, private institutions are usually more expensive than state-

funded institutions. Yet, because each school has its own pool of financial aid available, private institutions are often able to offer a more attractive financial aid package than public institutions with limited funds. In other words, with the help of financial aid, it may end up costing you less to attend an expensive private school than a less expensive public school.

So here's our first bit of advice:

NEVER ASSUME YOU CANNOT AFFORD AN EDUCATION.

◆ The Cost of Education

Education costs depend on the type of school you attend. You can create an expense budget by breaking down costs into six categories:

1. **Tuition and Fees:** This includes the cost of instruction as well as fees for services. These range from lab costs to computer access.
2. **Books and Supplies:** You will be responsible for buying all the books and supplies you need for your classes.
3. **Room and Board:** These are your living expenses while attending school. They vary depending on whether you live on or off campus and whether you'll need to relocate to be closer to school.
4. **Personal Expenses:** Include costs for daycare if you'll need it to attend classes. If you'll be leaving home for the first time, these expenses include toiletries, laundry, recreation, etc.
5. **Transportation:** Whether you attend a school away from home or you decide to be a commuter student, you need to take into account the expenses of your travel. If you'll be living away from home, plan on visiting twice a year.
6. **Total Expense Budget:** This is the sum of all your expenses. This equals how much money you'll need to attend school.

Some Special Programs That Save You Money:

The New England Regional Student Program (NERSP). Through this program, New Hampshire students pay a significantly reduced out-of-state tuition rate at New England public campuses when they enroll in certain academic programs not available at public colleges and universities in their home states.

Contact: New England Board of Higher Education
(617) 357-9620
www.nebhe.org

College Courses in High School. New Hampshire has a few programs that allow you to earn college credit or fulfill college requirements by successfully completing high school courses. Only select courses are covered and a written agreement must exist between the high school and postsecondary institution, so check with your guidance counselor about what courses and schools are covered.

Current New Hampshire programs include:

Tech Prep: Successfully complete a high school course and you fulfill that college requirement, but do not get college credit for the course toward your degree.

Running Start: Take a designated high school course, pay \$100, and receive college credit upon successful completion of the course.

A+: A web based certification series of courses that can be part of a Tech Prep program or Running Start program. See above for credit information.

Cisco Academies: A web based series of courses that can be part of a Tech Prep program or Running Start program. See above for credit information.

Advanced Placement Program: Through this national program, students can take college-level courses while still in high school, earning credit, advanced placement, or both, for college. Students must successfully complete the year-long honors course and earn a 3 or better on the AP exam to receive credit for the equivalent course at more than 2,900 colleges and universities around the country. The courses are free, but there is a fee for each examination (approximately \$80). Reduced fees are available for those in financial need, and some school districts now pay for all or some of the fee for all students. Contact the AP Coordinator at your high school for more information.

◆ Types of Financial Aid

Financial Aid makes up the difference between what you can afford and the cost of the education. Four types of basic Financial Aid are available to students:

1. **Grants and Scholarships:** Financial Aid that you don't have to pay back. These may be good for only one semester at a time. Be aware of how long the scholarships/grants will last.
2. **Work Study:** Lets you work and earn money to pay for school or personal expenses.
3. **Student Loans:** Borrowed money that you must repay, usually with interest and principal deferred until you leave school.
4. **Parent Loans:** Through the Federal Family Education Loan, parents may borrow the difference between student financial aid and the school's total cost.

Aid can come from many different places. But, most often, financial aid comes from the federal government and is supplemented by local and school-based scholarships. For that reason, most educational institutions will require that you fill out a Free Application for Federal Student Aid (FAFSA) in order to determine your eligibility for support.

The FAFSA Form (Free Application for Federal Student Aid): The federal government uses the information you provide on this form to calculate the amount of federal educational loans for which you may be eligible and the amount you will be expected to contribute toward the cost of your education. The calculation is based on financial need and not on academic merit.

You can find this form in any high school guidance counselor's office or by calling any of the resources listed in this guide. Or, you can choose to fill out the form online at www.fafsa.ed.gov/. Along with an online FAFSA application, the site has a link to the U.S.

Department of Education, where you can research additional resources for educational funding.

The FAFSA forms are available in November or December, but, because they depend on the most current year's income tax return, cannot be filed until after January 1st. Call the financial aid offices at the schools you are most interested in for advice on how to fill out the form and for information on filing deadlines.

Once the federal government has calculated your expected contribution, it will send a report to you and to the schools of your choice. Based on this information, a school determines your financial aid award for school-based scholarships and grants. The deadline to accept this award and send in an initial tuition deposit to the school is usually May 1st.

◆ Resources for School Funding

While federal loans and grants and school-based scholarships are the largest pool of financial aid, there are literally hundreds of small awards offered by individuals, community service organizations, churches, corporations . . . and the list goes on. These awards require their own application and, while most have deadlines between February 1st and March 15th, some are earlier! Begin researching early. Below are listed organizations where you can begin collecting information.

◆ *Guidance Counselors Office*

Every high school has a guidance office that keeps a list of financial aid opportunities given out by local organizations. One of these opportunities is from The American Legion. The Legion has three different \$1,000 scholarships available to NH students. The General Federation of Women's Clubs (GFWC) also awards academic scholarships each year. Applications for these and other scholarships can be picked up at any guidance office. Even if you're not a high school student, you should feel free to use this resource.

◆ *Financial Aid Offices*

The financial aid office at the school you are planning to attend will have information on applying for scholarships and financial aid from the school. Often they also will have resource centers that you can use to find additional scholarships and loans. The phone number for the financial aid office at each college in New Hampshire is listed at the end of this directory.

◆ *New Hampshire Charitable Foundation*

The New Hampshire Charitable Foundation is a resource center for statewide scholarships and loan programs. They have a database full of scholarship programs. In addition, they have a program specifically designed for adults looking to return to school. Ninety percent of the adults that apply for this program are women.

Contact: New Hampshire Charitable Foundation
37 Pleasant Street
Concord, NH 03301
(603) 225-6641
www.nhcf.org

- ◆ ***New Hampshire Higher Education Assistance Foundation (NHHEAF)***
 NHHEAF has a resource center with a database of thousands of scholarships, loans, grants, and occupations. It also has a personal college search that uses individual criteria to help you find the school that is best for you. Visit their website to find information packets about the financial aid process, regional seminars, free scholarship searches, and a Federal Expected Family Contribution calculator. Be sure to request "Aspirations, Opportunities & Choices: The Guide to Higher Education" and "Returning to Learning: A Guide to Higher Education for Adults & Nontraditional Students," both offered free of charge by calling the NHHEAF office.
 Contact: NHHEAF
 4 Barrell Ct.
 PO Box 877
 Concord, NH 03302
 (800)-525-2577
www.nhheaf.org

- ◆ ***New Hampshire Association of Student Financial Aid Administrators (NHASFAA)***
 This organization has published "A Guide to Paying for College" and runs a Financial Aid Hotline in January that you can call with any questions about applying for financial aid. NHASFAA also maintains a lending library with resource materials on paying for college.
www.nhasfaa.org

- ◆ ***Postsecondary Education Commission***
 The Postsecondary Education Commission awards a handful of state- and federally-funded grants, scholarships, and loans to New Hampshire students. The Commission also provides information regarding other scholarship resources and New Hampshire's postsecondary institutions.
 Contact: Post Secondary Education Commission
 3 Barrell Court, Suite 300
 Concord, NH 03301
 (603) 271-2555
www.state.nh.us/postsecondary

Current financial aid programs from the Commission include:

Workforce Incentive Program: Provides incentives for the pursuit of education in career shortage areas at NH institutions in Special Education, Foreign Language Education, and Nursing (LPN through graduate study). 15-30% of loan repayments paid.

Dartmouth Medical Program: Provides access to Dartmouth Medical School leading to a doctoral degree in allopathic medicine.

Leveraged Incentive Grant Program: Provides financial assistance to sophomore, junior, and senior students at NH accredited institutions.

New Hampshire Incentive Program: Provides financial assistance to NH undergraduate students (part time or full time) attending eligible institutions in New England. \$125 to \$1,000/year

Nursing Leveraged Scholarship Loan Program: Provides incentive for students (part time or full time; undergraduate or graduate) to pursue nursing careers at NH institutions.

Scholarships for Orphans of Veterans: Provides financial assistance (including room, board, books, and supplies) to students between the ages of 16 to 25 whose parent(s) died from a service-related disability while a NH resident.

Veterinary Grant Program: Provides financial assistance to NH students who qualify for admission in the veterinary medicine programs at Tufts University and Cornell University. \$12,000/year

◆ ***The Department of Education***

The Department of Education offers the Robert C. Byrd Honors Scholarship. Part of the federal Title IV financial aid program, federally funded grants are made to exceptionally able students for study at post-secondary schools in order to recognize and promote student excellence and achievement. Student recipients are known as Byrd Scholars.

Contact: Ms. Marie Gage
(603) 271-6051

◆ ***Training Health Care Workers for New Hampshire Scholarships***

In 2002, New Hampshire was awarded an **H-1B Technical Skills Training Grants** through the US Department of Labor. Running for two years in duration, the grant will provide 50 individual training scholarships to young people in New Hampshire enrolling in nursing programs.

Contact: Cindy Naiditch
(603) 228-9500

◆ **Career Building and Exploration**

Before deciding upon a school and financial plan, prospective students should first determine what type of career or field best suits them. Listed below are several organizations that can help you make informed decisions about the best education and training plan, career choices, and employment for you. You will also find resources to better inform you on the support available to women in education and employment.

◆ ***Work4Women***

Offers tools, strategies and a virtual community that supports women in nontraditional occupations.

www.work4women.com

◆ ***Career Info Net***

A resource for job seekers and employers, offers job searches, resume & interview advice, and information on occupations, salaries, and trends.

www.careeronestop.com

◆ ***Advancing Women Center***

A skill building organization that seeks to empower occupational success in women in non-traditional occupations through career advice & resources, diversity recruiting, job searches and mentoring.

www.advancingwomen.com

◆ ***O*net Occupational Information Network***

Offers a wealth of occupational information, including online self-paced training programs, tutorials and online courses. These programs offer separate courses for adults and younger job seekers, as well as information about different occupational pursuits and a resume-writing tutorial.

www.onetcenter.org

◆ ***Centers for Training and Business development***

Job training programs to New Hampshire employers/employees through the New Hampshire Community Technical College System.

www.nhctc.edu

◆ ***Job Training Program for Economic Growth***

Also through the New Hampshire Community Technical College System, this program offers a 50% match of funding to New Hampshire businesses towards employee training with the aim of increasing/retaining jobs.

www.nhctc.edu

◆ ***School to work Initiative***

Works to connect businesses and education to prepare students for the working world.

www.ed.state.nh.us/schooltowork/sch-to-wk.htm

◆ ***Senior Community Service Employment Program***

Provides paid job training for senior citizens as well as incentives to employers for senior workers.

Contact: (877) US-2JOBS

<http://wdsc.doleta.gov/seniors>

◆ **The Non-Traditional Student**

There are many resources available to women who have decided to go back to school after taking time off, who are in need of skill building to improve career options, or who are starting college at a non-traditional age. The best place to start is the financial aid office at the school you are planning to attend. In addition to providing you with information about paying for school, they often have information about programs that will provide child care or book stipends. The phone number for the financial aid office at each college in New Hampshire is found at the end of this directory.

Many schools now have courses and programs specifically designed to meet the needs of the non-traditional student. These include Continuing Education Providers, Distance Education, and Part-time Degree Programs. You may want to explore if your school of interest offers these options.

Continuing Education Providers: These universities and colleges offer programs that include credit and non-credit courses, certificate programs, and night courses.

Distance Education: More and more universities and colleges offer courses in an array of distance learning media, including holding classes over the internet.

Part-time Degree Programs: In these programs, students can take courses at night and on weekends, often with a substantial portion of the coursework on-line.

If your schooling will be related to your job, ask the human resource officer if your employer has a tuition reimbursement program that will pay for some, or all, of the costs of your education. You should also explore with your school if you can reduce costs by gaining credit through CLEP exams, life experience, work experience, or by transferring previous educational credits.

Below is a list of organizations that have scholarships and resources specifically for non-traditional students. In addition to this list, be sure to look at the information in the resource section above! A special note for TANF recipients: talk to your case worker about the possibility of fulfilling work hours while attending school, as well as reimbursements for school books and supplies.

♦ ***New Hampshire Technical Institute***

Each site of the New Hampshire Community Technical Colleges has academic and financial support services specifically for single parents, single pregnant women, displaced homemakers, and TANF recipients. The program provides assistance beyond typical financial aid to help qualified students pay for costs related to pursuing an education, such as tuition and fees, books and supplies, travel, and child care expenses. To get more information on this and other programs for non-traditional students, contact the main financial aid office.

Contact: New Hampshire Technical Institute
31 College Drive
Concord, NH 03301-7412
(603) 271-7135
nhtifinaid@tec.nh.us

♦ ***Women Work! National Network for Women's Employment***

Women Work! is a national network of agencies and educational institutions providing resources to women looking for education and job training services. The programs assist single parent and displaced homemakers who are making the transition from home to work for the first time as well as those who are re-entering or retraining for the workforce. Programs differ, but most offer career counseling, skills training, and adult literacy classes.

www.womenwork.org

North

Assisting People in Transition
NH Community Tech College
2020 Riverside Drive
Berlin, NH 03570
(603) 752-1113

Central

Second Start
17 Knight Street
Concord, NH 03301

(603) 228-1341

Transitions
NH Tech Institute
31 College Drive
Concord, NH 03301-7412
(603) 271-6983

Seacoast

Dover Adult Learning Center
206 Roxbury Street
Dover, NH 03821
(603) 742-1030

COMPASS/ COMPASS Youth
Rockingham Community Action
7 Junkins Avenue
Portsmouth, NH 03801
(603) 431-2916

Project Success
277 Portsmouth Avenue
Stratham, NH 03885
(603) 772-1194 x319

West

Step by Step Career Guidance
69Z Island Street
Keene, NH 03431
(603) 358-3753

South

Project PLACE
Nashua Adult Learning Center
4 Lake Street
Nashua, NH 03060
(603) 882-9080

Project Redirection CORE
New Hampshire Community Tech College
505 Amherst Street
Nashua, NH 03061
(603) 882-6923 x1449

Project STRIDE
NH Community Technical College
1066 Front Street
Manchester, NH 03102
(603) 668-6706 x248

For more information:

- ◆ This web site is directed to adults who are planning to return to college. The site provides information on various topics including admissions, financial aid, and career planning.
www.back2college.com
- ◆ A wealth of information for adults planning to return to college, the site includes a page with resources specifically for women.
www.adultstudentcenter.com/forwomen.html
www.adultstudentcenter.com
- ◆ A special division of the College Plan web site specifically designed for adults returning to school.
www.collegeplan.org/bcksch/btscont.htm

◆ **Internships, Apprenticeships, and Training**

Education is indispensable preparation for a 21st century job market, but more and more employers are expecting to see real work experience, even from those just graduating from college. Some colleges and universities give credit to students completing internships and service learning related to their major course of study. Check with your school's **College Internship Coordinator** for more information.

The New Hampshire Departments of Economic Security and Resource/Economic Development, in cooperation with the Belknap County Economic Development Council, maintain **NHFuture Job Search** web site, connecting entry-level employees with New Hampshire Companies. The site also features an extensive listing of internship, apprenticeship, and cooperative learning opportunities.

Contact: (603) 524-3057
www.NHFuture.net

Pursuing a degree program at a college or university is not the only way to increase training, and therefore wages. Most of the resources listed below, designed to assist in skill building and work experience, are offered free of charge to the state's residents. Many are directly related to those who have dropped out of school before receiving a high-school diploma. Remember, even if you are no longer attached to an educational institution, educational and training programs are still available to help you build skills.

◆ ***New Hampshire Department of Education, Bureau of Adult Education***

The Bureau of Adult Education provides grants to school districts and private not-for-profit organizations to offer **GED preparation and English-language instruction**. Participants must be at least 16 years of age and not currently enrolled in school. The Bureau also provides an **Adult Tutorial Program** for one-on-one tutoring for students who meet eligibility criteria.

Contact: (603) 271-6698
www.ed.state.nh.us/adulted/adult.htm

The Bureau also oversees grants awarded through **The Workforce Investment Act, Youth Programs** (most often for those between the ages of 16 and 21). Most of these programs

are aimed at those who have left high school or are at risk of doing so, and provide alternative high school experiences such as apprenticeships, occupational skills training, and workplace mentoring. The goal is to assist young people in completing their high school degree and transition into skilled employment or postsecondary education.

www.ed.state.nh.us/WIA/wiamain.htm.

Project ASPIRE, Dover School Department

Contact: Jackie Adams, Woodman Park School, 11 Towle Ave., Dover, 03820

C.A.R.E.S., Sugar River Valley Regional Technical Center

Contact: Cathryn Baird, 243 N. Main St., Newport, 03773, (603) 863-7104

Jobs for New Hampshire Graduates (JAG)

Contact: Priscilla Parisien, c/o NHCTC-Manchester, 1066 Front Street, Manchester 03102, (603) 647-2300; pparisien@tec.nh.us

Clearway Alternative High School-Tech Start, Nashua Adult Learning Center

Contact: Mary Jordan, Nashua Adult Learning Center, 4 Lake Street, Nashua 03060, (603) 882-9080

YouthBuild Odyssey-Manchester

Contact: James Kanak, Odyssey House, One Washington St., Suite 300, Dover 03820, (603) 516-8444

Student Internship Program, Franklin School District

Contact: Patricia Prescott, Franklin High School, 119 Central Street, Franklin 03235, (603) 934-3108

Project Pride, Farmington School District

Contact: Kathy Condon, Project Pride, 63 Hanson St., Rochester 03867, (603) 330-3377

CHOICE Youth Empowerment, Southern New Hampshire Services

Contact: Ron Giroux, 40 Pine St. Manchester 03108, (603) 668-8010

♦ ***New Hampshire Works***

Once known as the Employment Office, New Hampshire Works hosts One-Stop Career Centers throughout the state to provide job listings, interview counseling and resume services, as well as skill training and educational resources. Call for information about the site nearest you.

Contact: New Hampshire Works
(603) 228-9500

www.nhworks.org

Beyond these services, NH Works also oversees the following programs:

Through funding from the Workforce Investment Act, NH Works administers **Individual Training Accounts (ITAs)** to eligible individuals. ITAs allow you, the

consumer to select high quality training on your own from a list of statewide demand occupations offered by approved training providers.

NH Works also administers **H-1B Technical Skills Training Grants** through the US Department of Labor. Running for two years in duration, the grants are meant to raise the skills of domestic workers to fill specialty occupations with an inadequate labor pool. In late 2002, New Hampshire received a \$3 million grant, “**Training Health Care Workers for New Hampshire**”. The grant will allow 540 nurses and other direct health care workers, and another 80 unemployed New Hampshire residents, to receive employer-based training to upgrade their skills and address the health care worker shortage in hospitals and healthcare facilities. In addition, 50 individual training scholarships will be awarded to young people enrolling in nursing programs. The program will be administered through the Workforce Opportunity Council, the New Hampshire Community Technical College System, and the New Hampshire Community Action Association.

NH Works website hosts NSCITE, the **New Hampshire Works Source for Consumer Information on Training and Education**. The site features a listing of training providers and schools, training and educational programs, and sources for financial information.

<http://www.nscite.org/>

♦ ***Community Action Programs (CAPs)***

Funded through the Workforce Investment Act, CAP provides opportunities for training and education for individuals through eligible training providers (most often independent local educational institutions). Income limits may apply. CAPs are located statewide; contact the office nearest to you.

Southern New Hampshire Services, Manchester	(603) 668-8010
Belknap-Merrimack Community Action Program, Concord	(603) 225-3295
Southwestern Community Services, Keene	(603) 352-7512
Tri-County Community Action Program, Berlin	(603) 752-4549
Strafford County Community Action Committee, Dover	(603) 749-1334
Rockingham Cnty Community Action Program, Portsmouth	(603) 431-2911

♦ ***US Department of Labor (US DOL)***

The US Department of Labor oversees a myriad of training services for adult workers. These include the **Adult Training Program**, which provides job skills and job placement services for economically disadvantaged adults; the program for **Laid-Off Workers**, which provides employment and training assistance for workers affected by shutdowns and downsizing; and the **Migrant and Seasonal Farm Workers** training and employment program for the chronic unemployment and underemployment experienced by workers in the agricultural industry. The Department also oversees local **Welfare to Work Programs** to help hard-to-employ welfare recipients and non-custodial parents to get and keep jobs that lead to self-sufficiency.

In New Hampshire, the US DOL maintains a database of hundreds of **Adult Apprenticeships** throughout the state. Apprenticeships provide both hands-on training and valuable in-the-field experience under the mentorship of a qualified tradesperson. Contact: US Department of Labor

Bureau of Apprenticeship and Training
143 North Main Street, Room 205
Concord, NH 03301
(603) 225-1444
www.doleta.gov/programs/adtrain.cfm

To find out more about local training opportunities, visit the Career One-Stop Training and Education Center on-line at:

www.careeronestop.org/TRAINING/TrainingEduHome.asp

For a listing of registered apprenticeship programs by county visit:

<http://bat.doleta.gov/county.asp>

♦ ***New Hampshire Department of Labor (NH DOL)***

In cooperation with the NH Department of Education, the NH Department of Labor administers the **School-to-Work** program, which provides work-based learning experiences in area businesses to prepare students for advanced education and career exploration. Arrangements are made through the student's home school district School-to-Work Coordinator. If you're curious about the opportunities available, the NH DOL maintains a database of more than 1,000 pre-approved work sites, yours to review at: www.labor.state.nh.us/school_to_work.asp

The NH DOL also oversees the **Youth Apprenticeship** programs, for students aged 16 to 24, introducing youth to an occupation by combining on-the-job-training and classroom instructions. Currently, apprenticeships are available in **Mechanics/Repair; Health Occupations; Computer Technology; Engineering/Manufacturing Technology; and Childcare.**

Contact: (603) 271-6297

www.labor.state.nh.us/youth_apprenticeship.asp

♦ ***Job Corps***

This federally funded program offers young adults an alternative education and vocational training. Students can live cost-free on one of five New England campuses, or choose to commute, while gaining training and work experience in such fields as culinary arts, carpentry, CNA/health occupations, landscaping, plumbing, welding, computer aided drafting . . . and the list continues. All students receive basic health, dental and eye care as well as a living allowance.

Contact: New England Job Corps

(800) 972-3446

www.nejobcorps.org

♦ ***New Hampshire Department of Transportation***

The NH DOT oversees two programs of special interest to women.

The **On-the-Job Training Program** provides training to women aimed at improving their success in the highway construction industry.

The **Disadvantaged Business Enterprise Program** seeks to insure that businesses owned by minorities (including all women) have a fair chance at receiving federally assisted contracts, as well as other benefits listed on the website.

Contact: www.nhdot.com

◆ **Military/National Guard**

One of the benefits of joining the armed forces is the educational support that comes with service. You do not have to be enlisted full time to take advantage of educational benefits.

◆ ***Army 101***

Those interested in exploring the benefits of enlisting in the army for full time active duty, part time reserve, and ROTCs should visit

www.goarmy.com/army101/3paths.htm.

◆ ***Education Center for ROTC Programs***

These programs are for those enlisted in the Army, Navy, Marines, and Air Force. Each branch offers Reserve Officer Training Corps (ROTC) scholarships available to eligible students. The scholarships provide full tuition including book and registration fees.

Contact: www.military.com.

◆ ***HORIZONS Foundation Scholarship Program***

The organization Women in Defense sponsors this scholarship award to encourage women to pursue careers related to U.S. national security interests. Applicants should be pursuing studies in engineering, computer science, physics, mathematics, business, law, international relations, political science, operations research or economics. This scholarship is open to both graduate and undergraduate students, although undergraduates must be juniors. The scholarships range from \$500 to \$2,000.

Contact: <http://wid.ndia.org/horizon/index.htm>

◆ ***New Hampshire Army National Guard***

New Hampshire National Guard Education Assistance Act became law in 1996 and allows all active New Hampshire National Guards who have completed advanced individual training to attend New Hampshire's state schools tuition free on a space-available basis. Federal education benefits are available to all unit members who enlist for six years. Some financial benefits include:

The Federal Montgomery G.I. Bill

The Tuition Assistance Program

DANTES: Learning Reimbursement

Free CLEP Testing (College Level Examination Program)

Contact: NH Army National Guard

CPT. Jerome Loring

4 Pembroke Rd

Concord, NH 03301

(603) 227-1550

www.nharmyguard.com/education/index.htm

NH Air National Guard

(603) 430-3404

www.nhpeas.ang.af.mil/

◆ **Directory of Scholarships for Women Students**

Below are listed funding opportunities reserved especially for female students. A good reference book is “The Directory of Financial Aids for Women, 1997-1999,” available in many public libraries and at the CSW office.

◆ ***Alice M. Yarnold and Samuel Yarnold Scholarship Trust***

This fund provides annual scholarships for \$2000-\$5000 to non-traditional students interested in pursuing careers in the health-care field. Applicants must have completed at least one semester of college study.

Contact: Stephen H. Roberts, trustee
180 Locust Street
Dover, NH 03820
Phone: (603) 749-5535

◆ ***American Association of University Women Educational Foundation***

American Fellowships support women doctoral candidates completing dissertations and scholars seeking funds for postdoctoral research leave or for preparing completed research for publication.

Career Development Grants provide seed money to individual women who hold a bachelor's degree and who are preparing to advance their careers, change careers, or re-enter the workforce.

Eleanor Roosevelt Teacher Fellowships professional development opportunities for women public school teachers; improve girls' learning opportunities, especially in math, science, and technology; and promote equity and long-term change in classrooms, schools, and school systems.

International Fellowships are awarded for full-time graduate or postgraduate study or research to women who are not U.S. citizens or permanent residents.

Selected Professions Fellowships are awarded to women who are U.S. citizens or permanent residents and who intend to pursue a full-time course of study during the fellowship in designated programs in which women have been traditionally underrepresented.

Contact: (800) 326-AAUW
www.aauw.org

◆ ***Case Strategy Scholarship Fund***

Administered through the NH Charitable Fund, the scholarship assists a young woman who comes from, and whose parents live in, New Hampshire seacoast communities and who will be pursuing further study at a four-year college or university.

Contact: (800) 464-6641

◆ ***Coca-Cola Joseph B. Whitehead Foundation***

Students attending two-year colleges and technical institutions may apply for the Coca-Cola Two Year College Scholarship, which offers \$1000 to students attending two-year institutions with a 2.5 GPA and 100 hours of community service in the past 12 months.

Applications are processed and filed through participating schools, so contact the financial aid officer of the two-year of technical institution of interest to you.

◆ ***Girls Going Places Scholarship Award***

The Guardian Life Insurance Company awards 15 scholarships annually to girls who demonstrate entrepreneurship, are trying to become financially independent, and have made a difference in both their school and their community.

Contact: www.glic.com/wc/ggp.html

◆ ***Hancock Women's Club***

This group offers an annual \$500 scholarship to an adult woman who has lived in Hancock for more than two years and has decided to begin or continue her education after some years of other responsibilities.

Contact: Hancock Women's Club Scholarship Committee
PO Box 366
Hancock, NH 03449

◆ ***Jeannette Rankin Foundation, Inc.***

This foundation awards scholarships to women at least 35 years old who are enrolled in a technical/vocational training or undergraduate education program. The annual award is \$1500.

Contact: Jeannette Rankin Foundation, Inc.
P.O. Box 6653
Athens, GA 30604-6653
Phone: (603) 208-1211
<http://rankinfoundation.org>

◆ ***Order of Women Legislators (OWLS)***

This local women's club gives out an annual \$1,000 scholarship to a woman of non-traditional age entering a service field. This organization can grant scholarships depending on funds available in that specific year.

Contact: Rep. Janet Arndt
Crestwood Road
Windham, NH 03087
(603) 352-5786

◆ ***New Hampshire Business and Professional Women***

This organization sponsors three scholarships (which total over \$1300) granted to New Hampshire working women who need funds for further education that will allow them to re-enter the job force after time off, retrain for new jobs, or establish themselves in another career. Recipients must be dedicated to their careers and should show persistence in their fields.

Contact: The Chair of the Scholarship Committee
Business and Professional Women of Concord, Box 4171
Concord NH 03302-4171
(603) 485-1491
www.nhbpw.org

BPW also has scholarships available to non-traditional students through its national office.

Contact: Business and Professional Women's Foundation
Attn: Scholarships and Loans
2012 Massachusetts Ave, N.W.
Washington, DC 20036-1070
(202) 293-1200, ext. 169
www.bpwusa.org

◆ ***Talbots Women's Scholarship Fund***

Each year, the fund provides five women \$10,000 and 50 women \$1,000 scholarships toward an undergraduate degree from an accredited two- or four-year college or university, or a vocational-technical school (\$10,000 awards are restricted to applicants seeking a bachelor's degree at a four-year institution). Awards are based on financial need and preference is given to women who earned their high school diploma or GED at least 10 years ago.

Contact: U.S. Talbot stores or visit www.talbots.com/about/scholar/scholar.asp

◆ ***The General Federation of Women Clubs, New Hampshire***

The "Wings of Hope" scholarship, offered through the General Federation of Women's Clubs in New Hampshire, provides educational funding for any single parent that has left a domestic violence or crisis situation and desires to gain the educational skills necessary to obtain gainful employment.

Contact: Sylvia M. Raymond
GFWC-NH Hope Scholarship Chairman
195 Baboosic Lake Road
Merrimack, NH 03054-3003
www.gfwcnh.org

◆ ***The Miss New Hampshire Pageant***

The Miss New Hampshire Pageant is the official state preliminary to the Miss America Program. The program offers scholarships at both the state and local levels.

Contact: Miss NH Organization
20 East Broadway
Derry, NH 03038
P.O. Box 9555
(603) 437-9027
Email: missnhprogram@aol.com
www.missnh.org

◆ ***William Bridge Scholarship***

Sponsored by the Ninety-Nines, this \$1,000 scholarship is available to women who have a private pilot's license and are interested in pursuing an aviation education at a New England college. The Ninety-Nines also maintain a database of other aviation and engineering-related scholarships are offered to women.

Contact: (800) 994-1929
www.ninety-nines.org/scholar.html

♦ ***Women in Aviation International Scholarships***

Women in Aviation offer numerous scholarships, ranging from \$2,500 to \$35,000, for women pursuing an education in aviation or engineering who are members of Women in Aviation International.

Contact: (386) 226-7996

www.wiai.org/education/scholarships.cfm

♦ ***Women's Opportunity Awards Program***

This organization offers Women's Opportunity Awards to assist women entering or reentering the workforce in obtaining the education and skills training they need to improve their employment status. Applicants must be female heads of household who are enrolled in or have been accepted to a vocational/skills training program or an undergraduate degree program. Recipients may use their awards for any expenses related to their educational pursuits, such as tuition, books, housing, childcare, and transportation.

Contact: Region Chair Pam Blass

Attn: Women's Opportunity Award

50 Courtland Street

Manchester, CT 06040

www.soroptimist.org/womens_opportunity_awards_program.html

♦ ***Women's Sports Foundation***

The Women's Sports Foundation supports the interest of women in careers in all aspects of the sport's field. Their web page includes a career center with links to colleges as well as a scholarship search and other funding possibilities for pursuing a career in athletics.

Contact: Women's Sport's Foundation

Eisenhower Park

East Meadow, NY 11554

(800) 227-3988

www.womenssportsfoundation.org

♦ ***Women's Transportation Seminar Scholarships***

The WTS-Boston Chapter awards a \$1,500 Ann M. Hershfan Graduate Scholarship and \$1,500 Jacquelyn R. Smith undergraduate scholarship to two women each year.

Winners are automatically considered for the \$3,000 national-level WTS Helene M.

Overly Memorial Scholarship. Scholarships are for women working toward a degree in all aspects of the transportation field.

Contact: (202) 496-4340

www.wtsnational.org

♦ ***Zonta Club of the Lakes Region***

At the local level, the Zonta Club of the Lakes Region offers two scholarships. One is available to non-traditional women. The second scholarship is available to the traditional graduating high school senior or student enrolled in college. Three other scholarships are also offered through Zonta International: The Amelia Earhart Fellowship, the Jane M. Klausmen Scholarship, and the scholarship for Young Women In Public Affairs. Contact the local club for information on these national scholarships.

Contact: Zonta Club of the Lakes Region

PO Box 1498
Laconia, NH 03247
www.zontadistrict1.org/lakes_region_nh/

For more information:

- ◆ Over 18,000 scholarships listed, including a section on scholarships specifically for women.
www.finaid.org
www.finaid.org/otheraid/female.phtml
www.finaid.org/questions/female.phtml
- ◆ Database with scholarship, fellowship, and postdoctoral awards for women.
<http://scholarships.kachinatech.com>
- ◆ A listing of graduate fellowships for women compiled by Cornell University.
<http://cuinfo.cornell.edu/student/grfn/list.phtml?category=women>
- ◆ FundsNet Women's Grants and Resources
www.fundsnet services.com/women.htm
- ◆ An extensive list of scholarships for women.
www.free-4u.com/women1.htm
- ◆ New England Women's Fund: Grants for Women and Girls
www.newfund.org

◆ **Especially for Women in Science, Math & Technology**

Below are listed funding opportunities for women seeking education in non-traditional fields, especially science, information technology, and engineering.

- ◆ ***AT&T Labs Fellowship Program***
AT&T offers fellowships for outstanding women and minority students who are U.S. citizens or permanent residents and are pursuing Ph.D. studies in computer and communications-related fields.
Contact: www.research.att.com/academic/alfp.html
- ◆ ***CWIT Scholars Program***
The Center for Women and Information Technology offers scholarships to undergraduates who are interested in obtaining a degree in computer science, computer engineering, or information systems at the University of Maryland, Baltimore County. The four-year awards range from \$5,000 per year to full tuition, fees, and room and board.
Contact: www.umbc.edu/cwit/cwitscholars.html
- ◆ ***Department of Energy Computational Science Graduate Fellowship***

This department offers up to four years of support to full-time Ph.D. students who are working in computer science, mathematics, or engineering. Applicants must be either U.S. citizens or permanent resident aliens.

Contact: www.krellinst.org/csgf

◆ ***Fannie and John Hertz Foundation Graduate Fellowships***

This foundation supports graduate students working towards a Ph.D. in applications of the physical sciences ranging from electrical engineering to molecular biomedicine. Fellowships may be used only at certain universities. Recipients must be citizens or permanent residents of the United States.

Contact: www.hertzfndn.org/fields.html

◆ ***Gates Millennium Scholars Program***

This scholarship program is targeted to low-income African-American, Hispanic American, Native American/Alaskan Native, and Asian Pacific American students interested in mathematics, science, engineering, education, and library science.

Contact: www.gmsp.org

◆ ***GEM: Graduate Degrees for Minorities in Engineering and Science***

This organization offers graduate fellowships and internships in the study of engineering and natural science, including computer science.

Contact: www.nd.edu/~gem/infoaboutgemmain.htm

◆ ***Lucent Technologies' Global Science Scholars Program***

Scholarships offered to high school seniors who excel in mathematics and science and who plan to enter college in the fall to study communications technology. Recipients get a \$5,000 scholarship and an internship at Bell Labs or a Lucent Technologies facility.

Contact: www.iie.org/pgms/lucent

◆ ***Lucent Technologies Graduate Research Program for Women***

Graduate fellowships and grants for women pursuing full-time doctoral study in computer science/engineering, information science, and other related fields.

Contact: www.bell-labs.com/fellowships

◆ ***National Physical Science Consortium Graduate Fellowships***

This organization awards beginning graduate students, especially women and minorities, pursuing a Ph.D. in the physical sciences or a related engineering field.

Contact: www.npsc.org/students/applynow.html

◆ ***National Science Foundation Graduate Research Fellowships***

This organization offers three years of support for advanced study in mathematical, physical, biological, engineering, and behavioral and social sciences, including the history of science and the philosophy of science.

Contact: www.ehr.nsf.gov/dge/programs/grf

◆ ***Society for Software Quality Essay Contest***

This is an annual essay contest on a topic related to computer software. Two \$1,000 prizes are awarded each year, one to a high school senior or college freshman, and the other to a college sophomore or junior.

Contact: www.ssq.org/grant/gia.html

◆ ***Society of Women Engineers Scholarship Program***

Scholarships are awarded to women pursuing degrees in engineering or computer science programs.

Contact: www.swe.org

◆ ***WEPAN Scholarships and Fellowships***

WEPAN (Women in Engineering Programs and Advocates Network) provides links to organizations that offer scholarships to women in engineering and science.

Information is offered to undergraduate students, graduate students, post doctoral, faculty, teachers, and re-entry students.

Contact: www.wepan.org/scholarship.html

For more information:

- ◆ Financial Aid for Women in IT
www.umbc.edu/cwit/financial_aid.html
- ◆ Association for Women in Science
www.awis.org/ed_foundation.html
- ◆ Educational Foundation for Women in Accounting Scholarships
www.efwa.org/scholarships.htm
- ◆ Association for Women in Mathematics
www.awm-math.org
- ◆ The Institute of Electrical and Electronics Engineers, Inc. (IEEE) offers scholarships, awards, and competitions for both graduate and undergraduate students in computer science, computer engineering, electrical engineering, and related fields.
www.ieee.org
- ◆ Women in Technology International provides information regarding scholarships and other resources for women in technology
www.witi.com
- ◆ The Karla Scherer Foundation provides a scholarship for women majoring in finance or economics.
<http://comnet.org/kschererf>

◆ **The Web Search**

The Internet is a valuable resource in your Financial Aid Search. Statistics state that around 95% of students now use the internet for information on colleges and scholarships. If you

have access to the internet, here are some web pages that may help you out. If you don't have a computer connected to the internet at home, visit your local public library.

But...

Before you start searching for scholarships on the internet, you should know what to watch out for. There are many sites which are "scams"--sites which "guarantee" you scholarships or require money to perform a search may be fraudulent. To learn more about such sites and how to determine if sites are scams, you can visit www.college.ucla.edu/UP/SRC/scam.htm, www.finaid.org/scholarships/scams.phtml, or check with the National Fraud Information Center at 1-800-876-7060.

- ◆ NH Association of Student Financial Aid Administrators
www.nhasfaa.org
- ◆ Education Resources Institute (TERI)
www.teri.org
- ◆ Nellie Mae Student Loan Financing and Services
www.nelliemae.com/
- ◆ Sallie Mae Financial Aid Services
www.salliemae.com
- ◆ College is Possible
www.collegeispossible.com
- ◆ Sponsored by agencies that participate in the Federal Family Education Loan Program (FFELP), the site provides information about higher education and career opportunities.
www.mapping-your-future.org
- ◆ Fast Web offers a free scholarship search personalized for each student. It contains a database of over 400,000 scholarships.
www.fastweb.com
- ◆ Maintained by UCLA but pertinent to all, the site includes a vast alphabetical listing of scholarship search services.
www.college.ucla.edu/up/SRC/SS.htm
- ◆ Annie's is a food company that devotes part of its web site to scholarship information. It includes background information on scholarships, scholarship searches, and a list of books to aid the search process.
www.annies.com/programs/scholinfo.html
- ◆ This page allows you to browse by major, gender, heritage, etc., with links to additional sites, books for purchase over the internet, and Frequently Asked Questions (FAQ's) about the scholarship process.
www.scholarship-page.com

- ◆ Provides a generalized scholarship search based on age, gender, school, and school year, but offers listings by category and keyword as well.
www.collegenet.com/mach25/
- ◆ A listing of scholarships and fellowships compiled by The Michigan State University Library.
www.lib.msu.edu/harris23/grants/3subject.htm
- ◆ This is a comprehensive resource on student financial aid available from the U.S. Department of Education.
www.studentaid.ed.gov/students/publications/student_guide/index.html
- ◆ Ron Brown Scholar Program
Scholarships are available for African-American high school seniors demonstrating financial need, social commitment, and leadership potential. Offers \$10,000 dollars per year for 4 years of full time undergraduate enrollment as well as career guidance, summer study abroad programs and internships. Applications found online, due no later than February 9th, finalists are posted on the website in April.
Contact: (434)-964-1588
www.ronbrown.org
- ◆ The National Collegiate Athletic Association
This site contains ethnic minority and women's enhancement postgraduate scholarship programs.
www.ncaa.org/about/scholarships.html
- ◆ Jackie Robinson Foundation
This scholarship provides up to \$6,000 annually for college to minorities. Must be a US citizen, a high school senior, have been accepted to a 4-year college, and received an SAT score of 900 or better. Applications are available online until March 1. Applications are due April 1 and applicant will be notified by June 15.
www.jackierobinson.orgwww.marine-scholars.org
- ◆ Marine Corp Scholarship Foundation
This scholarship is available to children or grandchildren of current or former US Marines. Must be high school graduate with financial need.
www.marine-scholars.org
- ◆ Target Scholarships
Scholarships are available for high school seniors, high school graduates and current undergraduate college students (age 24 and under).
http://target.com/common/page.jhtml?content=target_cg_scholarship
- ◆ The Agency for Healthcare Research and Quality
Offers NRSA individual fellowships and training grants sponsored by AHRQ. Applicant must be enrolled in a doctoral program.

Contact: (301) 594-1449
www.ahcpr.gov/fund/minortrg.htm

- ◆ The American Institute of Certified Public Accountants
Scholarships of up to \$12,000 yearly are available for minority (Black, Native American, Pacific Island races, or of Hispanic ethnic origin) accounting doctoral students. They can be renewed yearly with progress in field. Applications due April 1st and are granted in June.
Contact: (212) 596-6270
www.aicpa.org/members/div/career/mini/fmds.htm
- ◆ American Society for Microbiology
Offers various grants and fellowships for undergraduate and graduate students pursuing careers in microbiology.
www.asm.org/Awards/index.asp?bid=460
- ◆ The Development Fund For Black Students In Science And Technology
Provides scholarships to African American students in Science fields at historically African American colleges and universities. Offers up to \$2,000 per year, and can be renewed for a maximum of four years.
http://ourworld.compuserve.com/homepages/dlhinson/dfb_sch.htm
- ◆ The Hispanic Scholarship Fund
Offers \$2,500 scholarships available to Hispanic students pursuing a teaching career.
Contact through Hispanic Scholarship Fund
55 Second Street, Suite 1500
San Francisco, CA 94105
(415) 445-9930
<http://www.statefarm.com/foundati/hispanic.htm>
- ◆ National Institute of Health's Scholarship Program
Scholarships available for students from disadvantaged backgrounds interested in careers in biomedical, behavioral and social science health-related research.
<http://ugsp.info.nih.gov/InfoUGSP.htm>
- ◆ Military ROTC Scholarships
Scholarships are available and vary depending on the amount of military service achieved.
www.todaymilitary.com/chart_mil_rotc.html
- ◆ Undergraduate Science Research Scholarship Awards for African Americans
Up to \$25,000 for the academic year as well as two 10-12 week Merck summer internship program at various locations, graduate awards of up to \$40,000.
www.uncf.org
- ◆ Rotary International
Must apply through local rotary clubs. Applicants should be a student planning to study in different countries/territories
http://www.rotary.org/foundation/educational/amb_scho/

- ◆ Discover Card Scholarship
These scholarships are available for high school juniors. Scholarships can be used for any type of education/training beyond high school.
<http://www.aasa.org/Discover.htm>
- ◆ American Sociological Association
Scholarships are available for doctoral students studying Sociology. Includes minority scholarships for sociology students in mental health of \$16,500. Funding available for 1-3 years.
American Sociological Association
1307 New York Avenue NW
Suite 700
Washington, DC 20005-4701
minority.affairs@asanet.org
www.asanet.org/student/funding.html
- ◆ AmeriCorps
This scholarship offers educational awards of \$4725 available after completion of a term of service.
www.cns.gov
- ◆ The National Association of Black Journalists
Awards of up to \$5,000 available for African American students pursuing journalism careers. All winners must become a member of the National Association of Black Journalists for \$25 a year. Applications available on the website for downloading.
www.nabj.org/html/studentsvcs.html
- ◆ Be an Actuary Scholarships
Awards scholarships to those students with interest in pursuing an actuary career. Application can be found on website, www.beanactuary.org, or by calling (847) 706-3500.
- ◆ Burger King Scholarships
www.bkscholars.csfa.org
- ◆ Scholarships for paralegal studies
www.paralegals.org/Choice/2000west.htm
- ◆ This website provides a comprehensive list of minority scholarships.
www.sciencenet.emory.edu/undergrad/scholarships.html
- ◆ Roothbert Fund
Provides \$2-3,000 scholarships to students pursuing education careers.
www.roothbertfund.org/scholarships.php
- ◆ Dress for Success

A non-profit agency that provides a suit for the job interviews of low-income women, as well as a support network to promote a successful career.

www.dressforsuccess.org

◆ New Hampshire Schools Eligible for Federal Funding

Below is listed contact information for the main campuses of schools in New Hampshire eligible for federal funding to administer financial aid. Many campuses have divisions of continuing education or professional studies located at satellite offices. Check with the main campus to find more information about these and other programs.

- ◆ Antioch NE Graduate School, Keene
(603) 357-3122 x216
www.antiochne.edu
- ◆ Chester College of New England
(800) 974-6372
www.ChesterCollege.edu
- ◆ Colby Sawyer College, New London
(603) 526-3000
www.colby-sawyer.edu
- ◆ College for Lifelong Learning, statewide
(603) 228-3000
www.clle.edu
- ◆ Concord Academy of Hair Design
(603) 224-2211
- ◆ Daniel Webster College, Nashua
(603) 577-6590
<http://www.dwc.edu/>
- ◆ Dartmouth College, Hanover
(603) 646-2451
www.dartmouth.edu
- ◆ Empire Beauty School, Laconia
(603) 524-8777
www.empirebeautyschools.com
- ◆ Franklin Pierce College, Rindge
(603) 899-4000
www.fpc.edu
- ◆ Franklin Pierce Law Center, Concord
(603) 228-1541

www.fplc.edu

- ◆ Hesser College, Manchester
(603) 668-6660
www.hesser.edu
- ◆ Keene Beauty Academy
(603) 357-3736
www.keenebeautyacademy.com
- ◆ Keene State College, Keene
(800) KSC-1909
www.keene.edu
- ◆ Massachusetts College of Pharmacy Health Science, Manchester
(603) 314-0210
www.mcp.edu
- ◆ McIntosh College, Dover
(603) 742-3518
www.mcintosh.houseofedu.com
- ◆ Michael's School of Hair Design, Manchester
(603) 668-4300
- ◆ New England College, Henniker
(603) 428-2288
www.nec.edu
- ◆ New England School of Hair Design, West Lebanon
(603) 298-5199
- ◆ New Hampshire Community Technical College
www.nhctcs.tec.nh.us

Berlin	(603) 752-1113
Claremont	(603) 542-7744
Concord	(603) 271-7134
Laconia	(603) 524-3207
Manchester	(603) 668-6706
Nashua	(603) 882-6923
Portsmouth	(603) 334-6306
Stratham	(603) 772-1194
- ◆ New Hampshire Institute of Art, Manchester
(603) 623-0313
www.nhia.edu
- ◆ New Hampshire Technical Institute, Concord

(603) 271-7135
www.nhti.net

- ◆ Plymouth State College, Plymouth
(603) 535-2338
www.plymouth.edu
- ◆ Portsmouth Beauty School
(603) 436-7775
- ◆ Rivier College, Nashua
(603) 888-1311
www.rivier.edu
- ◆ St. Anselm College, Manchester
(603) 641-7000
www.anselm.edu
- ◆ Southern New Hampshire University, Manchester
(603) 668-2211
www.snhu.edu
- ◆ Springfield College, Manchester
(603) 666-5700
- ◆ St. Joseph's School of Nursing, Nashua
(603) 594-2567
- ◆ Thomas Moore College
(603) 880-8303
- ◆ University of New Hampshire, Durham
(603) 862-1234
www.unh.edu
- ◆ University of New Hampshire at Manchester, Manchester
(603) 641-4150
www.unhm.unh.edu
- ◆ Upper Valley Teacher Institute, Lebanon
(603) 448-6507

◆ **Women's Studies and Women's Interest Groups on Campus**

- ◆ Anitoch NE Graduate School, Keene
 - Women's Information Service: (603) 448-5525
 - Campus Safety: (603) 526-3675
- ◆ Colby Sawyer College

- Sexual Assault and Violence Education (S.A.V.E.): www.colby-sawyer.edu/campus-life/clubs/SAVE.html
- Rape and Domestic Violence Initiative: www.colby-sawyer.edu/campus-life/Campus_Safety/programs/rape.html
- ◆ Daniel Webster College
 - ACE Camp for Women: www.dwc.edu/academics/aviation/ace_camp.asp (800) 325-6876
 - Rape Aggression Defense Training (RAD): www.dwc.edu/studentlife/campussafety/rad.asp (603) 577-6000
- ◆ Dartmouth College
 - Women and Gender Studies: www.dartmouth.edu/~wstudies (603) 646-2722
 - Women of Color Collective: www.dartmouth.edu/~cwgc/wcc.html (603) 646-3456
 - Women's Resource Center: www.dartmouth.edu/~cwgc (603) 646-3456
 - Sexual Abuse Awareness Program: www.dartmouth.edu/~saap (603) 650-1430
- ◆ Franklin Pierce College
 - Interdisciplinary Women's Study Minor: www.fpc.edu/pages/academics/humanities/women.html
- ◆ Keene State College
 - Women's Studies Department: www.keene.edu/programs/ws (603) 358-2430
 - Keene State College Feminist Collective: <http://home.fullmoonwebs.com/KSCFeministCollective>
 - President's Commission on the Status of Women: www.keene.edu/pcsw
 - Student Sexual Assault and Harassment Prevention Program: www.keene.edu/counseling/services.cfm
- ◆ Plymouth State College
 - Women's Services and Gender Resource Center: www.plymouth.edu/psc/wsgr/index.shtml (603) 535-2387
 - President's Commission on the Status of Women: www.plymouth.edu/psc/statusw/index.htm
 - Women's Studies Council Crisis Counseling: (603) 535-2333
 - Plymouth Area Task Force Against Domestic and Sexual Violence Crisis Line: (603) 536-1659
- ◆ Rivier College
 - Women's Studies Program: www.rivier.edu/academics/womens-studies/default.htm
 - Multicultural Office: www.rivier.edu/collegelife/multicultural.htm (603) 897-8676

- Campus Safety: www.rivier.edu/administration/publicsafety/default.htm
(603) 888-1666
- ◆ Southern New Hampshire University
 - Office of Public Safety: Sexual Assault Victims Services:
www.snhu.edu/Home_Page/Student_Life/Public_Safety/Response.html
- ◆ University of New Hampshire
 - Non-traditional Student Organization (NTSO): www.unh.edu/ntso
(603) 862-3455
 - President's Commission on the Status of Women: www.unh.edu/womens-studies (603) 862-2194
 - Sexual Harassment and Rape Prevention Program (SHARP):
www.unh.edu/sharp (603) 862-3494
 - University of New Hampshire Society of Women Engineers:
www.unh.edu/swe
 - University of New Hampshire International Women's Club:
www.unh.edu/womens-commission/iwc.html (603) 862-1058

The information in this booklet is current as of July 2003. If you have any questions regarding the information provided, or know of resources that should be listed, please contact the NH Commission on the Status of Women at 271-2660 or cmswwweb@admin.state.nh.us.

**The New Hampshire Commission on the Status of Women
Evaluation**

Education and Training for New Hampshire Women

Under the Commission on the Status of Women's legislative mandate, RSA 19-B, the duties of the Commission are designed to enhance opportunities and make positive changes for women in New Hampshire. One such duty is to "promote more effective methods for enabling women to develop their skills, and continue their education."

Therefore, the Commission has created the **Education and Training** guide to encourage and support women and girls who are interested in furthering their education. The guide offers information on such topics as types of education, types of financial aid, the nontraditional student, and much more.

In an effort to produce the most comprehensive publications possible, we ask that you take a few minutes to fill out the evaluation below. The Commission is dedicated to improving the lives of women and girls throughout the state and we would very much appreciate your response. Your input is vital.

On quick review of this resource guide, please consider how beneficial each of the listed components will be in researching and obtaining information necessary for future education and training.

	Significant	Moderate	Slight	None	Don't Know
Why Education?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Types of Education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Cost of Education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Resources for Funding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Non-Traditional Student	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Internships, Apprenticeships & Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Military & National Guard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Directory of Funding for Women Students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Directory of Funding for Women in Non-Traditional Studies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Web Directory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
NH Schools Eligible for Federal Funding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Campus Women's Studies & Interest Groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**The New Hampshire Commission on the Status of Women
Evaluation**

Our goal was to create an easy-to-use resource tool for New Hampshire women that is understandable, accessible, and shared. Upon first review, how would you rate the guide's:

	Excellent	Very Good	Good	Fair	Poor
Format	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Organization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Clarity of content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How useful did you find this resource guide?

Very useful Useful Somewhat useful Not useful Don't know

How and with whom did you use this resource guide?

Are there any specific instances of impact as a result of this resource guide? (Such as receiving a scholarship, placed in an apprenticeship, etc.)

Any additional information you can provide that would help us to better meet your needs is greatly appreciated. Please let us know what about the resource guide is most helpful, least helpful, and any recommendations for change.

Please return completed survey to: *The New Hampshire Commission on the Status of Women
Room 414, State House Annex
Concord, NH 03301
cmsweb@admin.state.nh.us*